



What people like and admire about me...

- A friendly, happy and honest individual.
- A real desire to always be supportive to all those around me, to understand we all need different approaches to be our best selves.
- I am a good listener and encourage all people's views, ideas and challenges to the status quo.
- My passion to deliver great services.
- My grit and determination to find solutions and get the job done.

What's important to me...

- My beautiful family and friends
- Honesty and Integrity, I will always look to hold these values and hope others will do the same.
- Ensuring those who need support receive great services not just any service.
- Continuing to learn and grow as an individual both personally and professionally.
- Ensuring those around me know I'm there for them whenever needed.
- Having the time and space to enjoy life, this could be going for a walk on the beach or getting the wellies on to splash in puddles!
- Winning, I'm very competitive, even when I tell myself not to be.

How to support me well at work...

- Be honest with me, I have never been a fan of lies.
- Give me feedback, good and bad, I'm not perfect and I don't always get things right, please just tell me.
- Don't avoid talking about the difficult things, the sooner we talk the sooner we can look for a solution together.
- Excuse my quieter approach when we meet for the first time, I can be a little shy until I feel settled/comfortable.
- Allow me time to reflect, I have learnt that sometimes a little reflection goes a long way.
- Be yourself, tell your jokes, laugh at what you find funny, its so much easier to spend time with people when they are their true selves.
- Be aware that I am uncomfortable with compliments.