



What people like and admire about me...

- You are kind, supportive and approachable – and very interested in the human being behind the title or position.
- You stay positive, even in the most challenging of times.
- You are humble and always seeking to learn and stretch yourself.
- You deliver constructive feedback with kindness and positive intent, because you really want everyone to reach their potential.
- You think broadly and creatively, and are also able to be robust and deep in your specialism.
- You genuinely care for others whilst still holding them accountable.
- You are a values led leader with a strong sense of fairness, and you will always look to do the right thing.
- You are entirely dependable – if ever I am in need of advice your name is at the top of my list.

What's important to me...

- My family (most especially my husband Iain and our two children, Cameron and Charlotte) and also my closest friends, who are like family to me.
- Doing work that I enjoy, that I believe I am good at and which makes a difference. Feeling like I am making progress in delivering impactful work is one of the best feelings!
- Making a genuine and positive contribution (no matter how small, or how big) to the world.
- Being part of a team which has different perspectives, experiences and strengths, and which harnesses the power of its differences to work towards achieving a shared vision/goal.
- Supporting people to develop at work – I want my teams to be better than I am!
- Looking after my good health and wellbeing. In particular this often means walking by the sea or in the country (especially on a bright and crisp winters day) and enjoying healthy, flavoursome foods.
- Being an active part of my local community. I really believe in the power and value of community events and will always look to help them be successful where I can, even if that simply means attending on the day.

How to support me well at work...

- Tell me what you're working on and ask me what I'm working on – I'll bet we'll be able to help each other out! I always value and appreciate being in the loop early.
- Accept that I may often need time to think – I will always give you my best response, idea, suggestion or advice after I've had an opportunity to think about it, even for just a couple of minutes (but sometimes longer is good too).
- Give me feedback – I need to know both when you think I am doing a good job, and when you think there are things I can do to improve and be better. Bear in mind that I do have a tendency to be hard on myself, so I appreciate you delivering improvement-based feedback with extra sensitivity and kindness.
- Do what you say you are going to do and when you say you are going to do it – and expect the same from me in return.
- Let's have fun and be light-hearted (at the right time and in the right place) as we achieve amazing things!