



### What people like and admire about me...

- I am honest and trustworthy.
- I always give 100% effort – if something is worth doing, it is worth doing well.
- People like having me in their team because I always support the team leader with ideas and effort, without trying to take over.
- I have a strong sense of responsibility and commitment to others and they find me reliable.
- People say I am approachable and friendly.

### What's important to me...

- My family – as a retired military officer I have spent a lot of time away from my family over the last 25 years. They are my number 1 priority. As a result of my lived experience I care hugely about the people Discovery helps, and their families.
- Values and standards – I try hard to maintain the highest standards in everything I do, and I have a strong sense of right and wrong, fairness and justice.
- Helping to create a responsible and caring society. I am a volunteer director in two different organisations that exist to provide support to sections of our community that need our help.
- Making a difference to improve the lives of others.
- Striving to set a good example.
- Ensuring that others are recognised appropriately for their efforts.

### How to support me well at work...

- I'm learning all the time – if I could do something better please don't hesitate to give me constructive and helpful feedback.
- I'm a little bit hard of hearing so it helps if you can get my attention first before speaking, and if I don't answer you I'm not being deliberately rude, maybe I just didn't hear first time!
- I like to understand issues fully before deciding a course of action, so it helps if people can take time to explain things to me.
- If you don't agree with me, or don't like the way I do something, I would much prefer to know that, so we can find a solution together.